Register for Your
VA Personal Health Record (PHR):

1. Type www.myhealth.va.gov in the address bar on your web browser, and then press Enter. This takes you to VA’s My HealtheVet website.

2. On the right-hand side of the screen, click the Register Today button. Complete the registration page, and review and accept the Terms & Conditions and the Privacy Policy for using the My HealtheVet website.

3. Log into your My HealtheVet account and begin to create your PHR.

4. Begin using My HealtheVet to access VA health care and services at your convenience to better manage your health. Also, if you are a VA patient, take some time to watch the In-Person Authentication (IPA) video online.

5. Bookmark www.myhealth.va.gov as a favorite and make a note, if you are a VA patient, to get an upgraded account during your next VA clinic visit to get the most out of your PHR.

Is an Upgraded Account, or IPA for me?
Yes, if you want:
• to see the names of VA prescriptions, not just the numbers
• get VA Wellness Reminders
• be the first to access all new My HealtheVet features that will enhance your Personal Health Record.

Ask about IPA at your local VA facility.

Links on the Homepage

- **In Case of Emergency**
  A convenient electronic log where you can record your emergency contacts.

- **VA Prescription Refills**
  Just a few keystrokes and your medication is on its way to your doorstep.

- **Medical Libraries**
  Access two extensive online medical libraries: MedlinePlus® and Healthwise®.

- **Physicians & Providers**
  Keep track of all your health care providers in one convenient location.

- **Vitals**
  Monitor and graph numerous health statistics online, such as blood pressure and blood sugar.

- **Military Health History**
  Keep track of all your military health information.

- **VA Honors**
  Read about VA news and features on Veterans.
How to find the My HealtheVet Prescription Refill

Log onto: www.myhealth.va.gov

Click on:

Log into your My HealtheVet account. If you do not have an account, you will need to register to access the Pharmacy features.

Once logged into My HealtheVet, click on Pharmacy or Prescription Refills!

Log on to
www.myhealth.va.gov
today and find out more about:

Healthy Living Centers

Medications: Play it Safe!

Healthy Eating and Physical Activity

Separation from Active Duty

…and much more!

Tracking Tools and Journals

Keep track of your blood pressure, cholesterol, blood sugar, weight, etc.

Monitor your activities and food intake with secure on-line journals

Record and update your health history, as well as your family’s

Record and maintain your Military Health History

…and much more!

Begin your own secure electronic Personal Health Record that can last a lifetime! It’s easy, free, and accessible to you 24/7.

Refill My VA Prescriptions:
Refill your VA medications anywhere, anytime there is Internet access

Prescription Refill History:
See all the VA medications you refilled using My HealtheVet

My VA Medications & Supplements List:
Self-enter and track all of your non-VA medications, herbals, vitamins and supplements in one safe, secure, and convenient location

My VA Medication List:
View all medications, prescriptions, and supplements from your records at VA Medical Centers

Using the Refill Prescriptions Option, You Can:
★ View your active VA prescriptions
★ Select an active prescription to be refilled
★ Have the refills delivered to your home
★ Check the status of a refill order anytime, anywhere there is internet access
★ View the names of your VA medications as well as the prescription numbers once you register as a VA patient on My HealtheVet and complete the one time In-Person Authentication (IPA) process

Note: You will only see the VA prescription numbers until you complete the one-time IPA process at your local VA facility.

All prescription refills ordered through My HealtheVet are delivered by VA’s Consolidated Mail Outpatient Pharmacy within 5 to 10 business days.