My Health e Vet—VA’s Online Personal Health Record

My Health e Vet is VA’s award-winning online Personal Health Record (PHR), located at www.myhealth.va.gov. It offers users anywhere, any time internet access to health care information, resources, and tools. Launched nationwide in 2003, My Health e Vet is the gateway to web-based tools that empower Veterans to become active partners in their health care. With My Health e Vet, users access trusted, secure, and informed VA health and benefits information, at their convenience.

Register Today!
Start Here

1 Type www.myhealth.va.gov in the address bar on your web browser, and then press Enter. This takes you to VA’s My Health e Vet website.

2 On the right-hand side of the screen, click the Register Today button. Complete the registration page, and review and accept the Terms & Conditions and the Privacy Policy for using the My Health e Vet website.

3 Log into your My Health e Vet account and begin to create your PHR.

4 Begin using My Health e Vet to access VA health care and services at your convenience to better manage your health. Also, if you are a VA patient, take some time to watch the In-Person Authentication (IPA) video online.

5 Bookmark www.myhealth.va.gov as a favorite and make a note, if you are a VA patient, to get an upgraded account during your next VA clinic visit to get the most out of your PHR.

Secure Messaging

Secure Messaging through My Health e Vet is a web-based message system that allows participating VA patients and VA health care teams to communicate non-urgent, health related information in a private and safe computer environment. Secure Messaging is not e-mail, but an encrypted, secure communication tool available through My Health e Vet. Participating users may access Secure Messaging 24 hours a day, 7 days a week on www.myhealth.va.gov. Secure Messaging is based on proven and widely accepted standards in the health care industry. Users who have an upgraded account known as an In-Person Authentication, or IPA, may use Secure Messaging at participating VA facilities. It is being implemented as a phased release for VA health care teams and clinics through 2010.

Benefits of Secure Messaging

- Promotes a partnership between the patient and their health care team
- Provides a safe, alternative communication means that is convenient and flexible
- Reduces the need for telephone calls and waiting on hold
- May decrease unscheduled clinic walk-in visits
- Provides a timely response

Upgrade Your Account Today

To get the most out of My Health e Vet, VA patients are urged to visit their local VA health care facility to get an upgraded account, known as In-Person Authentication (IPA). Before VA patients can refill their VA medications by name, access their VA Wellness Reminders, and participate in the future features of My Health e Vet, Veterans need to complete the IPA process (takes approximately 10 minutes) as a security measure. The purpose of the one-time IPA process is to verify the Veteran’s identity, in-person. This complies with VA policy and protects Veterans’ identities. It’s a simple process that will enhance a Veteran’s use of My Health e Vet and allow access to other features as they become available.