

## What is the Virtual Lifetime Electronic Record (VLER) Health Exchange Program?

The VLER Health Exchange program helps you “Connect Your Docs” safely, securely and electronically. When you sign a VLER Health Exchange Authorization form you give your non-VA health care providers secure access to certain parts of your VA electronic health record.

## How Do You Benefit When You “Connect Your Docs”?

Many Veterans receive a portion of their care from non-VA health care providers.

Sharing certain parts of your electronic health record will help reduce the need for patients and families to carry records between health care providers.

By signing an authorization to “Connect Your Docs,” both your VA and non-VA health care providers can securely access and share information about your allergies, chronic health problems, medications, some lab results and more.

## Connect Your Docs



And simplify your health care with  
**the Veterans Health  
Information Exchange**



Scan this QR code to learn more.

**VA**



U.S. Department of Veterans Affairs

Veterans Health Administration  
Office of Informatics and Analytics

**VLERHealth**  
exchange

# Getting Started

## Sign an Authorization Form

Participation is voluntary and free. Your authorization is required before your VA Health information can be shared with your non-VA providers.

You can complete the authorization form online, by mail or in person, whichever method works best for you.



## Online

For more information and instructions to sign-up electronically, visit [www.va.gov/vler](http://www.va.gov/vler)

## Mail or Fax

Print and sign VA Form 10-0485. You can find this form at [www.va.gov/vler](http://www.va.gov/vler). Mail or fax it to your local VA medical center's Release of Information Office

## In Person

- Visit your local VA medical center's Release of Information Office
- Complete VA Form 10-0485

# Connect Your Docs

# Privacy and Security

**Why do I have to sign a release of information form?** Although health information is already being shared between VA and DoD, your authorization allows VA to share your health information with selected private health care providers.

**If I enroll in this program can I choose to share only certain parts of my health information?** No, not at this time.

**What if I change my mind about joining after I have signed an authorization form?** If you change your mind, visit your local VA medical center's Release of Information Office or call the toll free VLER Health Exchange Information line at **1-877-771-VLER (8537)** to request a form to stop sharing your health information.

**Is the information secure?** Yes. The information is sent securely through the Internet using the eHealth Exchange.

**How often do I have to update my permission to share my health information?** At this time, your signed authorization form is good for five years.