

OHSU & VA Portland HCS Multiple Sclerosis & Neuroimmunology Fellowship

Leaders in multiple sclerosis care and research





MS & Neuroimmunology Fellowship Program Directors at OHSU/VA Portland HCS



Dennis Bourdette, MD, FAAN, FANA Co-Director, MS & Neuroimmunology Fellowship Professor Emeritus, Neurology, OHSU

Vijayshree Yadav, MD, MCR, FANA, FAAN
Director, MS & Neuroimmunology Fellowship
Professor, Neurology; MS Center Director, OHSU
Staff Neurologist; Researcher, VA Portland HCS
Assistant Director of Clinical Care, VA MSCoE West

About the Multiple Sclerosis & Neuroimmunology Fellowship

 The OHSU MS Center, in conjunction with the VA MS Center of Excellence at the VA Portland HCS, offers fully funded fellowship positions

Fellowships have guaranteed support, including fringe benefits and a competitive salary

based on the next PGY level

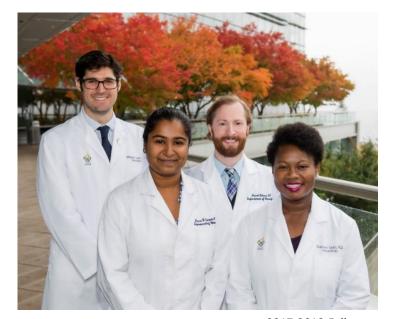
- 2-year clinical and research fellowship
- 1-year clinical fellowship in adult or pediatric MS and Neuroimmunology
- Optional 3rd year for research focused fellows
- Positions typically begin July of each year, but the start date is negotiable
- The fellowship is NOT ACGME accredited



OHSU & VA Portland HCS Campus

About the Multiple Sclerosis & Neuroimmunology Fellowship

- Training provided within a public and federal hospital as well as inclusion in a national VA organization setting standards of excellence in VA MS care
 - Fellows have their own clinics and patient panels, with staffing available at every clinic
- Fellows can customize their training to focus on their areas of interest and long-term career goals
- 2-year fellows attend OHSU's Human Investigations Program, while all fellows have opportunities to initiate or collaborate on research projects
 - Fellows enhance their understanding of clinical and translational research and gain practical skills in conducting successful research studies



2017-2018 Fellows

About the Multiple Sclerosis & Neuroimmunology Fellowship

A weekly local MS team didactics series is provided as well as inclusion in a national bimonthly educational series for follows:

bi-monthly educational series for fellows

Opportunities to participate in educational programs, virtual and face-to-face

- Presentations at national and regional seminars
- Presentations at local and regional patient seminars
- Authorship for national newsletters for Veterans with MS and VA health care professionals
- Patient podcast
- Most 2-year fellows graduate with co-authorship on 3+ manuscripts and give 2+ lectures



Weekly virtual didactics series

About the OHSU Multiple Sclerosis Center

- Founded in 1983
- One of the top programs in the country for the care of MS and related disorders
- Over 1,500 people followed in clinics
- Affiliated with the VA Portland VA HCS which follows over 350 Veterans in MS clinics
- Member of the Consortium of MS Centers, Race to Erase MS Center Without Walls, a network of the nation's top MS institutions, including Harvard, UC San Francisco, Yale, USC, UCLA and Johns Hopkins



Dr. Jacqueline Bernard, OHSU MS faculty and clinical mentor

About the VA Multiple Sclerosis Centers of Excellence

Mission: Support and maintain the health, independence, quality of life and productivity of Veterans with MS.



Clinical Care: Improve clinical services for Veterans with MS by fostering an integrated network of health services within the entire VHA.



Research & Development: Conduct, disseminate and apply research relevant to health needs of Veterans with MS.



Education & Training: Provide a national program of MS education for VA health care providers, Veterans and caregivers.



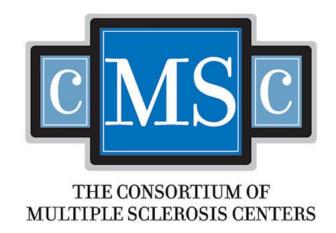
Informatics: Employ informatics and telemedicine technology to enhance MS healthcare delivery.

OHSU & VA Multiple Sclerosis Centers Memberships



Race to Erase MS Center Without Walls is a network of the nation's top MS institutions including Harvard, UC San Francisco, Yale, USC, UCLA and Johns Hopkins.





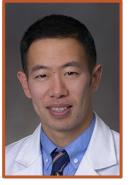


Multiple Sclerosis Centers Faculty



Vijayshree Yadav MD, MCR, FANA, FAAN Director, OHSU MS Center

Many of our MS Physicians graduated from the OHSU/VA fellowship!



Edward Kim MD



Jacqueline Bernard MD, FAAN



Lindsey Wooliscroft MD, MS



Elizabeth Silbermann MD



Michael Lane MD



Michelle Cameron MD, PT, MCR



Rebecca Spain MD, MSPH, FAAN



Dennis Bourdette MD, FAAN, FANA Founder and Former Director, OHSU MS Center

Comprehensive Care for Patients

Expansive Clinical and Research MS Multidisciplinary Team

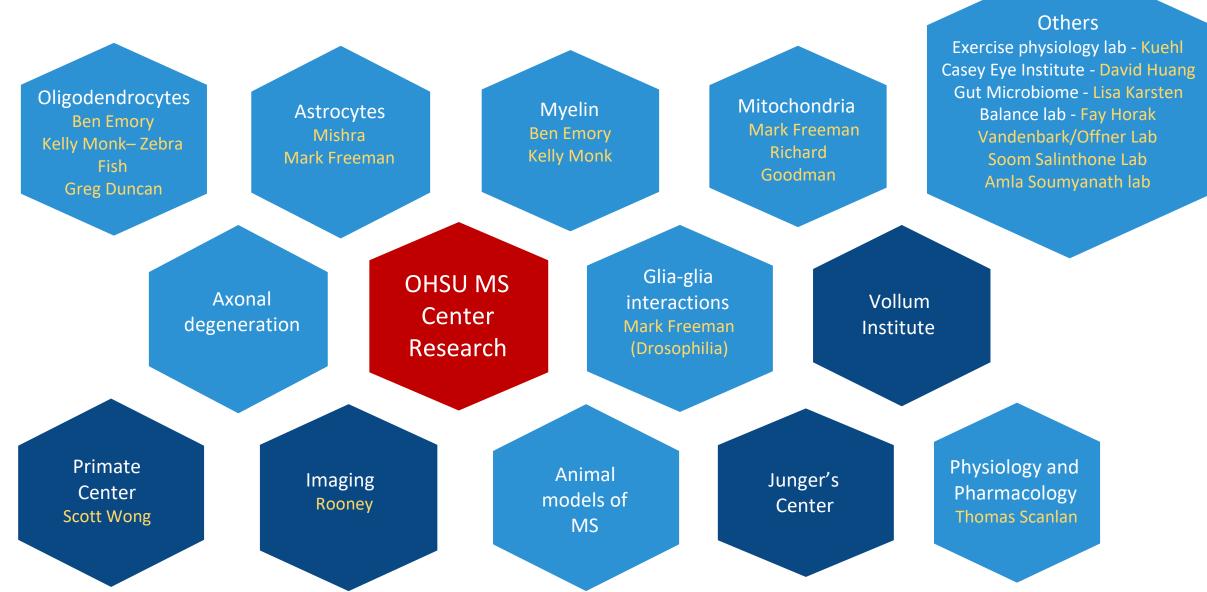
- Infusion and pharmacy
- Rehabilitation: Physical, Occupational, Cognitive
- Neuro-ophthalmology
- Urology
- Neuropsychology/Psychiatry
- Sleep specialists
- Pain Clinic
- Neuropathology
- Pediatric neurology

- Neuroradiology
- Neurosurgery
- Rheumatology
- Complementary Therapies: Naturopath, Acupuncture
- Research assistants and coordinators
- Complimentary access to OHSU's exercise facility
- Educational opportunities for patients and care partners

MS Centers **DISCO-MS PCORI** Yadav Clinical Antioxidants, Lipoic acid - progressive MS, MitoQ Yadav, Spain Research Novel biomarkers **BMT in MS NIH** of neural repair Yadav Wooliscroft Diet in MS Aerobic exercise Gut microbiome in MS – mobility and diet in MS and remyelination Yadav Wooliscroft OCTA and dynamic retinal vasculature in Retinal early demyelinating vasculature – Vascular disease disease Wellness progression of MS and 7T MRI Silbermann with vascular risk Yadav RCT – multimodal Thyromimetics in Spasticity Biorepository walking aid MS – remyelination evaluation in MS program in MS Spain Bourdette

Cameron

MS Centers & Basic Science Research



Interested in a Multiple Sclerosis & Neuroimmunology Fellowship

- Send an e-mail expressing interest to Dr. Yadav at <u>yadavv@ohsu.edu</u>
- Applications are accepted October to January during the PGY 3 year
 - Resume
 - Letter of interest
 - 3 recommendation letters
- Interviews are in the fall, 2 years before the fellowship start date
 - Interviews in 2022 are for the 2024 fellowship year
- There are typically 2-3 fellows offered a position each year



2021-2022 Fellows

What to Expect Following the Multiple Sclerosis & Neuroimmunology Fellowship Interview

- Employment decisions are made at the start of the year, in January or early February, following the interview season
 - If selected, and the position is accepted, a formal offer letter will be sent to the applicant
- At the start of the fellowship year, January or early February, you will be contacted by OHSU and VA to begin the credentialing process
 - A timeline for this process will be provided
 - The OHSU and VA process are separate



Fellowship Questions?

For questions regarding the fellowship, please contact one of the following:

- Vijayshree Yadav <u>yadavv@ohsu.edu</u>
 Fellowship Director
- Jaimie Henry <u>Jaimie.Henry@va.gov</u>
 Fellowship Coordinator



2022-23 Fellows







Join the OHSU & VA Multiple Sclerosis Team

Our mission, help people with MS lead the best possible quality of life by providing comprehensive patient care services, community and physician education opportunities, and to be a world leader in research in our quest to find cure for MS.